

Laguna Farm CSA

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March 30 and April 1, 2010 WEEK A

From Farmer Scott

Spring is treating the fields pretty well, with good periods of drying that allow us a chance to prepare some of the higher and drier fields for plantings in the near future. The rains have not been damaging to any crops thus far, and the plum fruit set is looking good.

I have been reading an article on some techniques for using hoopouses or greenhouse coverings of crops in the field. They use moving aspects that allow the hoopouse to be moved over multiple crops. I like the idea, though the picture showing one blown off the crop and onto the barn reminds me why we use copius amounts of soil to hold down the film on the edges (thus making the hoopouse stable but not so easily moved). The advantages of these hoopouses are clear after so many years of using them to extend the production throughout the winter, and allowing us earlier starting in the spring. The crew loves being able to harvest inside a warmer and drier environment during the winter months, and the leaves of the salad and cooking greens are certainly more tender. I hope spring is going well for you and yours.

In your box today:

From the springing fields of the farm, our "beyond organic" salad mix, chard, spring onions, celery, and 3 Cosmic Chicken eggs; also Trumpet Royal mushrooms from Gourmet Mushrooms (Sebastopol) and navel oranges from Las Palmitas.

For thousands of years, people have known of the extraordinary properties of garlic, onions, and other members of the allium family (chives, leeks, scallions and shallots). Ancient Egyptians drank onion juice to treat acne, coughs, colds and stomach ailments. Romans ate onions to improve vision, induce sleep and cure toothaches. And when the Russians ran out of penicillin during World War II, they used garlic to fight infections and heal wounds.

HAPPY EQUINOX/SPRING/PASSOVER/EASTER TO ALL!

WE HERE AT THE COSMIC EGG AND CHICKEN COMPANY WISH TO INVITE YOU TO SAMPLE OUR SPLENDID COSMIC EGGS, PASTURE RAISED AND BEYOND ORGANIC. THEY ARE AVAILABLE WEEKLY HERE AT OUR CSA STORE AT LAGUNA FARM, AND YOU WILL ALSO SEE RECIPES ON THE BACK OF THIS WEEK'S NEWSLETTER FOR FANCY EGG-COOKIN' IDEAS.

PLEASE CALL 823-0823 OR EMAIL INFO@LAGUNAFARM.COM TO SIGN UP FOR OUR WEEKLY EGG SUBSCRIPTION! WE WILL MAKE SURE THAT EITHER A 6-PACK OR DOZEN COSMIC EGGS WILL BE IN YOUR BIN EACH WEEK, AND YOU WILL BE DELIGHTED WITH THEIR QUALITY.

STOP BY THE FENCE ON YOUR NEXT FARM VISIT AND SAY HOWDY TO THE LITTLE LADIES THAT CLUCKED, AND LAID THOSE EGGS - AND HEAR THEM WHISPER: "SUPPORT YOUR LOCAL HENS!"