

# Laguna Farm CSA

1764 Cooper Rd., Sebastopol, CA 95472 info@lagunafarm.com

Office phone 823-0823 \* Barn phone 823-0824

June 16 and 18, 2009

## From Farmer Scott

One of the things that is integral to our CSA, of course, is the computer program that handles all the administrative details. This past weekend, a programmer came to show us a CSA-specific administrative program that links to a website. It's a great program, but in examining it, we found it was not really needed for us. Besides the fact that it would cost a dollar per member per month, it is dependant on the internet being up (which seems a little vulnerable, although we have a pretty consistent connection). The main reason I decided not to go for it was that my Dad's system, which we have used for a long time, does a fine job keeping track of all your accounts and creating the lists we use to pack the boxes every week. I want to thank my Dad for saving the farm \$6000 a year.

Our new driver, Ram, is taking a couple of weeks off to take care of his health. We send out wishes of good health for him. This has given me the opportunity to drive the electric truck on the delivery route, which helps me dial in what it takes to make that part of the farm run smoothly. The truck is functioning well and the range has improved. At first I thought it was my EV (electric vehicle) driving skills that made the difference in how much battery charge was left when I returned. Careful, smooth driving helps, I am sure, but I believe the battery pack is just showing that it is balanced and fully broken in.

It is a pleasure to drive an electric vehicle that is charged by our solar system. We charge during off-peak times to utilize the power that PG&E credits to us during the peak time of day (noon - six PM). During the peak period, we also take measures such as not running the irrigation pump or walk-in cooler. Hope you all are happy and healthy.

## In your box today:

ALL from the solar fields of the farm, our "beyond organic" salad mix, spinach, carrots, squash or cucumbers, potatoes, mini onions, and parsley. Fruit subscribers will receive grapes from Bakersfield, apricots from Patterson, and nectarines from Dinuba.

Cucumbers were first cultivated in India over 3,000 years ago. They are 95% water and contain small amounts of Vitamins A and C and a few minerals, but large amounts of Vitamin E and fiber. They are light and cooling, helping to replenish the fluids and minerals lost on hot summer days, leaving us "cool as a cucumber."

## **WE NEED YOUR EXTRA BROWN PAPER BAGS at the blue CSA table in the barn - THANKS**

*Also, if you have EMPTY PLASTIC PINT JUICE BOTTLES, bring them in as well - we re-use them in the hot summer months as ice packs for the delivered boxes.*

**THE FARM STORE WILL BE CLOSED ON FRIDAY** - but of course you can still pick up your box and buy farm produce. VISIT US AT THE SEBASTOPOL FARM MARKET on Sundays!

***PLEASE BRUSH OUT YOUR BIN BEFORE RE-STACKING IT HERE IN THE BARN - there is a brush hanging above the compost that you are free to use. THANKS!***