

# Laguna Farm CSA

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July 22 and 24, 2008

## **From Farmer Scott**

The summer crops are coming in nicely. It sure is tasty to put sungold tomatoes and cucumbers into the salad these days, isn't it?

I hope you enjoyed the sweet corn this last week. Last week I told you about the raccoon problem we've been having in the corn patch. I set up an electric line around the next flush at 4 inches and 8 inches off the ground, and that seems to be keeping them out. In 23 years I have not had raccoon problems like this, except in the chicken coop.

Meanwhile, we are getting ready to seed the fall brassicas. Lots of broccoli, cabbage and our much loved Romanesco cauliflower, with its spiraling florets of lime green and the yummy nutty flavor. Next month is also the big planting of roots for the winter. Carrots are the particular focus, along with beets and rutabaga, and lastly, turnips. As usual, we need to purchase lots of soil amendments, like compost, to add to the Sparkes Rd. field to help build the soil. Be well.

## **In your box today:**

**All from the diverse fields of the farm, our "beyond organic" salad mix, corn, beans, cucumbers, squash, carrots, garlic and parsley. Fruit subscribers will receive strawberries.**

**Native Americans called corn, beans and squash "the three sisters," because they depended so heavily on the nutritional profile created by the energetic link among the three. All three are ancient staple foods of the Americas.**

## **QUICK AGRO-FUEL FACTS**

1. Increasing fuel efficiency by just 3% would reduce U.S. dependence on foreign oil more than all of the agrofuels combined.
2. The amount of grain it takes to fill an average gas tank with ethanol would be enough to feed a person for a year.
3. If the U.S. stopped growing food and converted its entire grain harvest into ethanol, it would satisfy less than 16% of its automotive needs.
4. The majority of U.S. ethanol is produced from pesticide-intensive genetically engineered crops (soy and corn).
5. Current methods of industrial-scale ethanol production worsen global warming by increasing deforestation and degradation of peatlands and soil, while also creating more nitrous oxide emissions from fertilizer use.